



NEW BERLIN
WEST
MIDDLE/HIGH SCHOOL



New Berlin West Viking Voice

April 29, 2021 | Issue 8

Upcoming Events

See what's happening
this [month](#).

April 24-May 3
Stress Less Week

May 3
AP Testing Begins

May 5
Virtual Materials Pick
Up Day

May 14
Senior Prom

May 31
No School - Memorial
Day

June 3
Senior Awards Night

In This Issue

Principal's Message

Looking Forward & Back

We look forward to the culmination of another school year, but we must also look backward. Our students, families and staff have experienced a great deal in the past year, some good and some very challenging. We have missed some experiences and experienced school, in general, in an altered manner.



Graduation & End of Year

We are planning to celebrate the successes of our students in ways we were not able to last year. Especially for our seniors, this is a time of true transition. We are excited to be planning graduation for our seniors at the end of the school year. It will provide an opportunity for a true celebration to what has been a very different experience for them. We look back on six years of learning within and around the walls of New Berlin West, reflecting on all of the different learning experiences that have shaped this outstanding senior class.

- SRO Straus
- Counselor Corner
- Poster Contest Winners
- Solo/Ensemble
- Teacher Appreciation Week
- Playing Cards & Bracelets for Sale
- Stress Less Week
- DEA Student Competes in Cyber Security
- MS Prep Camp
- Back 2 School Bash
- College Signing Day

Quick Links

- [West Website](#)
- [District Website](#)
- [Staff Directory](#)
- [Facebook](#)
- [Instagram](#)
- [Twitter](#)

Thank you

Thank you for your continued support and involvement in our school. Your engagement and support of your child(ren) as learners helps to make school a positive experience. We know that you place a tremendous amount of trust in our school community to send your children to us each day. Please know that we take this trust seriously and will continue to work toward positive and successful learning experiences for your child(ren).

We look forward to all of the exciting events that we have leading up to the end of the school. From student assessments to celebrations, all of our school experiences promote learning for our students that we know will help them transition, whether this year or six years from now dependent upon grade level, into a successful post secondary experience.

Please know that we appreciate your continued involvement in our school.

Go Vikings!



Ryan Straus
 NBW School Recourse Officer
Ryan.Straus@nbexcellence.org
 262.789.6246



A few months ago, I provided information regarding vaping and how more and more people are using them. Our main goal is to help those we are struggling to quit. This may be through conversation, education, or identifying healthy stress relief options. Recently the city of New Berlin has amended the [municipal ordinance for tobacco and nicotine products](#). The ordinance now includes vapes and vape products. The intent is to inform families of the change and reinforce the importance of staying drug free. We hope students do not begin vaping at all, but with the help of others, we can help overcome the habit!

Is your high school child looking to stay safe and have fun this summer on Monday nights? Midnight Volleyball is back this year! On Monday nights at Malone Park, the New Berlin Police Department organizes a double elimination sand volleyball tournament! Check in begins at 7:30 PM and the tournament begins at 8:00

PM. The cost is \$1 per player and there will be prices handed out each week as well! Gather your friends and come have fun! [Click here for more details.](#)

This summer, the New Berlin Police Department will be conducting a Teen Driving course. The course is geared towards students, 15-18 years of age. We discuss distracted and impaired driving during an hour long presentation. After the presentation, for the next two hours, we will drive a golf cart through an obstacle course! This gives young drivers the chance to wear goggles which simulate the effects of drunk, high, or tired driving. We are offering this course free of charge! As of now, we have 5 dates selected for the program but may expand if these dates fill up quickly. If your child likes this program, there is also an 8 hour course offered at WCTC which expands on the information provided. [Click here for more details.](#)



New Berlin West School Counselors

<u>Student Last Name</u>	<u>Counselor</u>
A-G	Matthew Hunt 262.789.6407 Matthew.Hunt@nbexcellence.org
H-O	Kate Landry 262.789.6471 Kate.Landry@nbexcellence.org
P-Z	Tammi Fure 262.789.6428 Tammi.Fure@nbexcellence.org

Counselor Corner

What is Mindfulness?

Often in the process of living our busy lives it is very easy to feel overwhelmed and stressed out. Mindfulness can help! Mindfulness is the practice of maintaining a non judgemental state of heightened or complete awareness of one's thoughts, emotions, or experiences on a moment-to-moment basis. Simply, mindfulness helps us be present in every moment and helps decrease anxiety about the future.

- When you're in good company, enjoy it.
- When you exercise, work out without judgement.
- When you eat, taste your food.
- When you treat yourself, relish it.
- When you travel, be present where you are.
- When you're outside, notice your surroundings.

Reminding yourself to take notice of your thoughts, feelings, body sensations and the world around you is the first step to mindfulness.

1. Notice the everyday.
2. Keep it regular.
3. Try something new.
4. Watch your thoughts.
5. Name thoughts and feelings.
6. Free yourself from the past and future.

The 9 Attitudes of Mindfulness according to Jon Kabat-Zinn

- Non-judging
- Acceptance
- Patience
- Beginner's mind
- Trust
- Non Striving
- Letting Go
- Gratitude

AP Testing

Click here for all **Important AP Information**

Attention Seniors!!!!

Please complete this [link](#) for any scholarships that you have been awarded and accepted so that we can honor your achievements at our Senior Awards Night on Thursday, June 3 at 7:00 p.m. in the PAC. This could include academic or athletic scholarships from a college, university, or technical school, as well as scholarships from any business or organization outside of our New Berlin West school community. Please feel free to submit multiple forms if you have more than one scholarship to report. If you have any questions please see Mrs. Fure in the Student Services Office or email (tammi.fure@nbexcellence.org). ***If entered after 5/21/21 at 8:00 a.m. you will not be included in Senior Awards Night, but we encourage you to submit the information.

Final Transcript Requests

If you have applied to college and have been accepted, they will need your final senior transcript. Please fill out the link below so we know where we need to have them sent. If you have any questions, please contact Ms. Wieland in Student Services.

[Final Transcript Request Form Link](#)

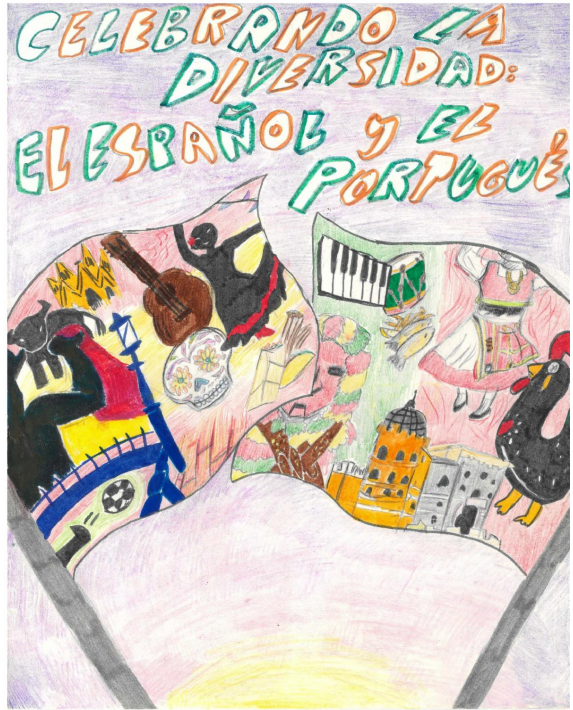
Has your child finished applying for college? If not, we would love to help! Please use the link below to book an appointment with your counselor and they will help you take this big step toward your future!

Matt Hunt: A-F matthewhunt.youcanbook.me

Kate Landry: H-O katelandry.youcanbook.me

Tammi Fure: P-Z tammifure.youcanbook.me

Two West Students win State-Level Poster Contest



Congratulations to Makayah Kukis and Maria Radish, winners of the AATSP-Wisconsin 2021 Poster Contest! Their posters are now in the National AATSP Poster Competition; the National results will be announced at the end of May. See all K-12 digital and hand drawn Poster Contest winners on the AATSP-WI website <https://wiaatsp.org/>



Several Solo/Ensemble Successes

35 Singers, 41 Orchestra students, and 7 band students participated in this year's

District Virtual Solo/Ensemble this year, including Chamber Singers collaborative performance of a Madrigal below.



Congratulations to the following students whose performance pieces will be headed to the state level of competition. Good luck!

Choir:

- Aich, Mohima** - Chambers Madrigal, Piano Solo, Musical Theater Solo
- Anderson, Mitchell** - Chambers Madrigal
- Anderson, Spencer** - Chambers Madrigal
- Barczak, Mara** - Chambers Madrigal, Musical Theater
- Becker, Jacob** - Chambers Madrigal
- Bednarski, Paige** - Chambers Madrigal
- Cadogan, Nathaniel** - Musical Theater Solo
- Church, Megan**- Chambers Madrigal
- Clohessy, Quinn**- Chambers Madrigal, Classical Solo, Musical Theater
- Diaz, Tryston**- Chambers Madrigal
- Bartley, Ryan** - Classical Solo, Musical Theater
- Fleckenstein, Kelsey**- Chambers Madrigal, Classical Solo
- Fuller, Cavan** - Chambers Madrigal
- Hutchings, Amelia**- Chambers Madrigal, Classical Solo
- Jandrisevits, Elijah**- Classical Solo, Musical Theater Solo
- Laundre, Sophia**- Chambers Madrigal, Musical Theater Solo, Classical Solo
- Lettner, Andrew**- Chambers Madrigal
- Leupi, Rachel** - Chambers Madrigal
- Lieu, Jonas**- Chambers Madrigal
- Melka, Morgan**- Chambers Madrigal
- Riesen, Keegan**- Chambers Madrigal
- Sinthasomphone, Casper**- Chambers Madrigal
- Tombari, Sydney**- Chambers Madrigal
- West, Lauren**- Chambers Madrigal

Orchestra:

- Botic, Tyler** - Cello Solo
- Sullivan, Alaina** - Viola Solo
- Wang, Zion** - Piano Solo

Teacher Appreciation Week May 3-7, 2021

Remember to thank your teachers for all of the hard work and extra effort this school year required next week during Teacher Appreciation Week. We are so thankful for every teacher and staff member at New Berlin West. THANK YOU for all you do!



TechKNOW
Student Helpdesk
School District of New Berlin
Expect Excellence

Technology Support is available for both on-site and virtual students. Please contact TechKNOW using one of the following methods below.

Virtual Learners

Call: (262) 789-6290

Email: TechKNOW@nbexcellence.org

On-Site Learners

Call: (262) 789-6290

Email: TechKNOW@nbexcellence.org

By Appointment: [Book Online](#)

(on-site students only)



Off-site printing is now available to virtual students who need to print from their SDNB Chromebooks to their home printer while learning from home.

[Click here for instructions for printing Off-site from Chromebooks.](#)

Art Department Playing Cards for Sale!

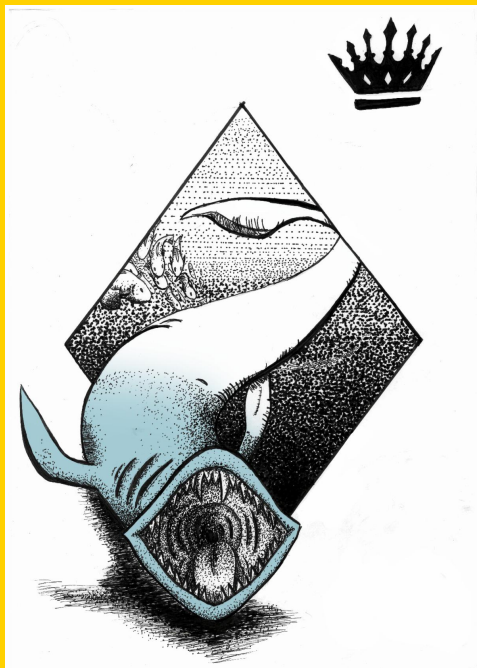
Pura Vida Bracelets on Sale Now - Proceeds Benefiting Vikings in Need



Do you like playing card games? Drawing II students designed a custom deck of cards that you can order! Each deck has 54 unique and hand designed cards and comes in a plastic carrying case! The cards are numbered in the traditional red and black to be used in any card game!

\$15 per deck

Purchase in the office OR contact Ms. DePagter for details!



Buy a PuraVida bracelet for \$6 between April 19 and 30 to show support for Mental Health Awareness Month! They will be sold in the front lobby before school, after school, and during lunch and passing times. All proceeds benefit the Vikings in Need fund.



Stress Less Week Continues!

There is still time to join in on the fun, relaxing activities that are currently going on

to help students and staff "de-stress" from the SDNB Testing Day and AP exams that are up ahead.


Stress-less Week

All Week: Pura Vida bracelets sold by El Sol, \$6 each
Green for Mental Health Awareness Month
Proceeds support mental health services for NBW students in need

SIGN UP LINK:
<https://forms.gle/wS N3z2nvCotZFv7D7>

Monday, April 26th (7:00) @Malone Park:
Flashlight Scavenger Hunt, \$5 each team.
Bring your own flashlight! **Sponsored by HOSA**

Wednesday, April 28th (2:45): **FREE** afternoon craft in cafeteria
Make coasters and decoupage jars
Sponsored by French Honor Society

SIGN UP FOR JIMMY JOHNS

<http://bit.ly/NBWjjs>

Thursday April 29th, LUNCH (10:45-1:00 PM):
Cuddle a therapy dog and listen to music outside!
Sponsored by NHS
Deliver Jimmy John's, Parking lot games (ex. bags)
Sponsored by SALU

Saturday, May 1st: Nature Walk at Calhoun Park!
Dogs and Family members are welcomed!
Sponsored by DECA

Sunday, May 2nd (3-4 PM):
Yoga Class (\$5), instructed by Shel Schultz
Bring your own yoga mat and water
Sponsored by El Sol

NBW Dual Enrollment Student Competes in Collegiate Level Cyber Security Competition



New Berlin West's Dominic Kavalary, a dual enrollment student at Waukesha County Technical College, helped the WCTC cybersecurity team of students that earned first place in the Wisconsin qualifier of the Eric J. Spengler Midwest Collegiate Cyber Defense Competition. Teams had to build and defend their mock business infrastructure from professional "hackers" who took each team's

production systems offline and breached their security. Kavalary was one of nine team members.

Middle School Prep Camp

SAVE THE DATE: THURSDAY, AUGUST 19



MIDDLE SCHOOL PREP CAMP

Who? Incoming 7th graders to New Berlin West Middle/High School

Why? To familiarize them with the school, the teachers and school procedures. Students will remain in small groups for the duration of their time in the building.

When? Thursday, August 19

Students will be assigned to a morning (8:00 - 11:00am) or afternoon (12:00 - 3:00pm) three-hour session and will be in small group assignments. Groups assignments will be sent in June by way of a Google form.

If your student cannot attend on August 19, they may attend the New Viking Orientation on Wednesday, August 11 from 8:00 - 11:00am. This session is for students who are transferring to our school from grades 8-12.

**Watch for more details coming in June.
We look forward to meeting you!**

MARK YOUR CALENDARS!

NEW BERLIN WEST MIDDLE/HIGH SCHOOL

Back to School Bash


THURSDAY, AUGUST 12, 2021




4 NBW Seniors Sign Letters of Intent

Congratulations to our Senior Vikings who signed letters of intent to play their particular sport at the next level! Great Work!





Andrea Kuhne
Carroll University
Softball



CARROLL UNIVERSITY
PIONEERS



Ben Johnson
Carroll University
Baseball



CARROLL UNIVERSITY
PIONEERS



NATE JOCZ
ST. NORBERT UNIVERSITY
SOCCER



Order Your 2021 Grad Banner Today!



New Berlin Wrestling is launching their annual graduation banner sale! IKE and West personalized 6x2 banners are \$45 (includes personal delivery) Hand on your house or stake in your yard! Please send the first and last name of your senior to nbwrestle1@gmail.com. Checks and venmo are accepted. **@NBWrestlingBoosters**. The team was able to buy new uniforms from last year's sale!

Summer Semester - Still Time to Register!



Enrollment for secondary summer school, held at New Berlin West this summer, is still open! There are virtual courses, face-to-face courses and some hybrid (a mix of virtual and face-to-face courses) for our students. Although some courses are full or near capacity, there are options that still have openings such as Certified Nursing Assistant (CNA - at Eisenhower), BFS: Better Faster Stronger, UW-Oshkosh College Reading Strategies, Government (two courses - a middle school course AND a high school course), Let's Plan a Trip (middle school), Building Math Skills 7-8, and Building ELA Skills 7-8. For a full list of courses, please see the SDNB website at www.nbexcellence.org/district/summers-semester.cfm.

[Check Out Summer Semester Information](#)

[Nominate Your Favorite Teacher!](#)



Nominate Now!

Milwaukee Brewers Grand Slam Teacher of the Month Nominations

The Brewers Grand Slam Teacher of the Month Award recognizes educators from all grades and disciplines who play a pivotal role in students' lives, improving student achievement and using innovative strategies during these challenging times. The pandemic imposed a radical switch to remote teaching and learning. Watching teachers teach during these unprecedented times reminded us what learning and teaching entail and how teachers go beyond the call of duty to keep their students engaged and learning -- as the classroom dynamic has dramatically changed and virtual learning has become necessary. This crisis has provided an opportunity to bridge the gap between strong appreciation and the challenging working conditions for teachers.



Homework Help Club - Free After School Tutoring!

New Berlin West High School is continuing its voluntary tutoring program for 7, 8, 9, and 10th graders run by National Honors Society (NHS) members who are Juniors or Seniors.

The program runs Thursdays each week in West's Library from 3-4 p.m.

Transportation not be provided.

Following the school's standards in place for social distancing.

Homework Help Club Dates:

- April 29
- May (yet to be determined)

This program will be headed by NHS member Maya Audi
(ma1007@stu.nbexcellence.org).

Feel free to email us with any questions!

Scholarship Opportunities



Seniors don't miss out on free money to help pay for college! Search for scholarships using the following resources:

[Daily Announcements](#)

[SDNB Scholarship Database](#)

[Fast Web](#)

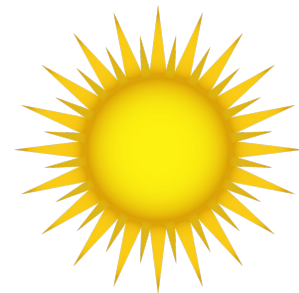
[Scholarships.com](#)

[Good Call Scholarship Search](#)

[UW System & Private College/University Scholarships](#)

Summer School Registration - Don't Miss Out

Enrollment for secondary summer school, held at New Berlin West this summer, is still open! There are virtual courses, face-to-face courses and some hybrid (a mix of virtual and face-to-face courses) for our students.



Although some courses are full or nearing capacity, many courses still have openings such as Certified Nursing Assistant (CNA - at Eisenhower), BFS: Better Faster Stronger, UW-Oshkosh College Reading Strategies, Government (two courses - a middle school course AND a high school course), Let's Plan a Trip (middle school), Building Math Skills 7-8, and Building ELA Skills 7-8.

For a full list of courses, please see the School District of New Berlin's summer school website at <https://www.nbexcellence.org/district/summers-semester.cfm>

[Summer School Flyer](#)

Attention: Class of 2021 College and Career Readiness (CCR) Recognition

[Click here](#) for more information regarding a change to an academic indicator benchmark.

Did You Know?

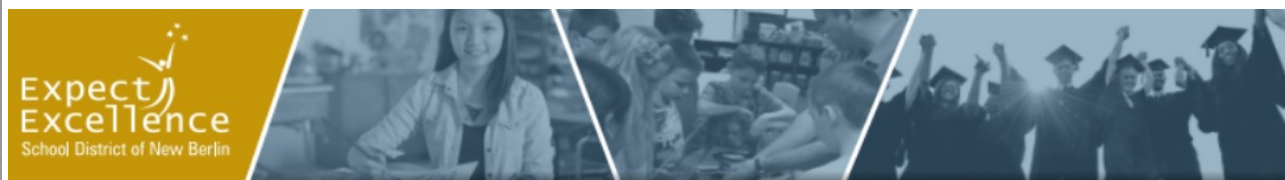
The School District of New Berlin has been recognizing students who excel in a technical pathway with a SDNB Technical Honors Certificate since the Class of 2014? It started with 11 students the first year and has grown to over 50 students with the Class of 2020. We expect to recognize even more students in the Class of 2021.

The objective of the technical honors award is to provide recognition to students who have performed with distinction in technical coursework at senior honors nights and graduation. Courses that count towards a technical honors excellence award are identified in the [ACP Guide](#) Course Correlation Table on page 62.

Technical Honors Criteria:

- Student must have a cumulative GPA of 3.0 after the 7th high school semester (1st semester of senior year)
- In addition, student must complete (or be on track to complete) a minimum of 3.0 credits of technical coursework *aligned to a Program of Study* (Engineering, Business, Health Science, Computer Science/IT, Manufacturing, Construction and Architecture, and/or A/V Tech and Communications) with a 3.5 or above GPA in all coursework within a specific technical pathway by the end of their senior year.
- Outside college level coursework taken through the WCTC Dual Enrollment Academy, Start College Now or Early College Credit Program can be applied towards required credits provided they are specific to the program of study.
- A Youth Apprenticeship or Internship aligned to the program of study can also be included toward the credit requirement provided a grade is available.

Students should speak with their counselor if they are interested in more information on this topic.



College and Career Readiness - A CCR Overview Life Indicators

The School District of New Berlin uses various predictors of success, or benchmarks, to measure College and Career Readiness. These benchmarks are categorized under academic, career or life ready indicators. Although ‘life’ is not called out by name in the CCR title, it has always been an implicit and important part of the equation. We believe it is essential for our students to show proficiency in this area, regardless of a student’s post-secondary plans.

The chart below contains a list of life indicators and their related benchmarks which the district has determined reflect skills and experiences beyond the scope of academics and careers which would contribute to a student’s post-secondary success. Depending upon their Academic and Career Plan, students who wish to achieve a college and career ready graduate (CCR) distinction or a *distinguished* college and career ready graduate (DCCR) distinction at graduation need to meet the requirements of two or three of these life indicators. Of course, as is the case with academic and career indicators as well, students are encouraged to meet as many life ready benchmarks as is relevant and practical.

LIFE-READY INDICATORS

BENCHMARK	CCR GRADUATE	DISTINGUISHED CCR GRADUATE
Ability to Apply ACP process	Demonstrated through student-led junior conference	same
Meets SDNB Financial Literacy Benchmark (any one of the following)	EverFi Certification (through class of 2020), competency test of 80% or better (beginning 2017-18), or C or better in personal finance class	Competency test of 90% or better or A or B in personal finance class
Exhibits positive dispositions for success	75% based on semester report cards (grades 9-12)	80% based on semester report cards (grades 9-12)
Meets SDNB service based learning benchmark	16 hours	40 hours

What You Can Do Now To Support Your Student:

Check out the [service learning opportunities](#) with your student. Make sure you review the [Service Learning Presentation](#) for an overview of this life-ready indicator and make sure your student knows where they can access their [service learning tracking form](#) and upload the information (Xello).

Additional CCR-related resources

- [SDNB research-based metrics](#)
- [CCR Frequently Asked Questions](#)
- [ACP Frequently Asked Questions](#)
- Read course description for Personal Finance found on pg. 90 in [ACP Guide](#)
- SDNB's [secondary dispositions](#) for success

We are interested in your questions and feedback. Contact Anne Warchol at:
anne.warchol@nbexcellence.org.

Viking Athletic Live Streaming - Watch your favorite sports and athletes from home!



WIAA Winter Sports Streaming on Facebook Live and YouTube Live

In-person spectating of sports may not be an option for Viking fans this year, however that does not mean you have to miss viewing a game or competition! Find links to football, volleyball, soccer, girls swim, and more on www.nbwvikings.org.

Go Vikings!

READ MORE



New Berlin West
www.nbexcellence.org/schools/wes
t/

